



# Lincs South Federation News

**theWI**  
INSPIRING WOMEN

Hello,

Well, just as we thought we could return to a slightly more normal festive season, a new variant arrives!

It has made us all rethink not only our WI plans but also our other social and family plans for the Christmas period.

I'm sure that, like me, you've had plans changed or cancelled. At first it feels frustrating – no-one likes to have to rearrange events at the last minute – but really it is just an inconvenience. We can celebrate our friendship at any time of year, and planning for spring or summer occasions gives us a focus for times to come. In the meantime, my 72 mince pies will be fine in the freezer .....



Stay safe

Liz



Liz McIntosh  
LSFWI Chair

[lmcintoshwi@gmail.com](mailto:lmcintoshwi@gmail.com)

07969360344



**With very best wishes  
from all the  
Federation  
team**



FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk/>



[facebook.com/lincssouthwi](https://facebook.com/lincssouthwi)



[@lincssouthwi](https://twitter.com/lincssouthwi)



[lincs\\_south\\_wi](https://www.instagram.com/lincs_south_wi)

**Office Contact Details:** WI Office, Pattinson House, Oak Park, East Road, Sleaford

NG34 7EQ. 01529 302398

[fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)

Charity No –506268

# TAKE A CHANCE

## December winners:

- Anne Maddison – Nubourne WI
- Helen Scorrer – Colsterworth WI

## All TAC winners:

To assist with the payment of TAC winnings please contact the office with your bank details or confirmation that you would prefer to be paid by cheque

Email: [info@lsfwi.org.uk](mailto:info@lsfwi.org.uk)



Don't forget, by going to **smile.amazon.co.uk** platform and nominating us as your charity, Amazon will make a small donation of 0.5% of the purchase price to the Federation for every purchase you make.

<https://smile.amazon.co.uk/ch/506268-0> and type 'Lincolnshire South' in the search box then select Lincolnshire South Federation of Women's Institutes. Thank you!

## OFFICE OPENING

**WI Office will be open on Monday, Tuesday and Wednesday from: 8.30 am until 2.30pm**

## CHRISTMAS

**The office will close on Wednesday 15 December 2021 and re-open on Monday 10 January 2022  
Emails will be monitored throughout.**

**Please note the office is closed on Bank Holidays  
If making a special journey, please contact first.**

## Denman on Demand

January offers pre-recorded classes that can be viewed at any time to suit you, available up to 72 hours after purchase. The ones below are available until the 31 January 2022:

### Stress Be Gone with Elaine

*Life is stressful, we can't avoid it, but we can learn coping mechanisms so that we can manage the stress in our lives in a more pragmatic way. In this session you'll pick up lots of useful tips and techniques that you can bring into your everyday life. We'll share some practices to help you deal more effectively with stress so you can live in a more calm and peaceful way. All you need is a notebook and pen a comfy chair, and something comfortable to lay down on (if you wish ... you can remain seated if you prefer).*

### Simon's Talk on London - An Illustrated History

*Simon will lead a whistle stop tour through the history of the capital city of London, from the arrival of the Romans 2000 years ago, to the continuing development of the city today. Richly illustrated with his own photos, there will also be plenty of stories about London's hidden history!*

Courses are from 1 hour in length and generally cost from £5

Check out the availability at:

<https://www.denman.org.uk/>

## Denman at Home

And now:

**Denman on Tour** – walking tours will be available throughout the year.

### Denman At Home Gift Experience

*Buying a **DenmanAtHomegift Experience** e-voucher is the gift that gives access to Denman's new online adventures from the comfort of your home. From cookery courses and craft demos to history lessons and fun activities for all the family, a new online adventure awaits.*

<https://denman.bookinglive.com/book/add/p/2776>

# Inter Fed Calendar 2023

For 2023 we are joining with Lincs North and Lincs Humber Federations to produce our very own Lincolnshire calendar.

The theme of the calendar is:

## Lincolnshire: A friend to the environment

Start digging out any suitable photographs you have previously taken or start to take some! Please note:

- Photographs must be taken in landscape rather than portrait (ie: horizontal not vertical)
- We will need both a digital and actual copy of the image.
- Please send your actual photos to WI Office, and email the digital copy to [fedoffice@lsfwl.org.uk](mailto:fedoffice@lsfwl.org.uk), before 31 January 2022.

We also need tips on how we can protect our environment – maybe through upcycling, ways of reducing waste, saving water etc – so please send in your submissions for that too.

---

## ACTIVITIES

### Afternoon Tea and Quiz

- This will be **Wednesday 26 January at 2pm** in **Ropsley village hall**. The afternoon will include an afternoon tea at a cost of £7.50. As usual teams will be groups of four. If you are unable to make a team of four we will try to add you to another mixed team.

### Indoor Bowls Taster Session

- On **Wednesday 23 February at 12 noon** there is an indoor bowling taster session at the **Sleaford Indoor Bowling Club**. The ticket price of £6.50 includes a two hour teaching session and tea/coffee and cake.

Full details of the above events are available on the flyers which are with WI secretaries.

### Dates for your diary:

- **15 March:** we are holding a Garden Design workshop at WI Office
- **10 May:** Embroidery workshop at WI Office
- Copper beating workshops

*Further details will follow.*

# MEMBERS ADVISORY COMMITTEE

At the end of 2021 we say goodbye to two WI Advisers.

## Jane Root

Jane has been an adviser for the past 15 years and has been invaluable to the smooth running of the Federation. The knowledge and expertise that she has shared with us has always been appreciated and well received. Jane was also on the NFWI Training team, so retirement is well deserved. Jane will continue to be a member at Bassingham & District WI



## Rebecca Main



Rebecca took a sabbatical from her role as WI Adviser and chair of MAC at the beginning of the year to enable her to concentrate her efforts on her own business as a beauty therapist, which had suffered as a result of the pandemic. Rebecca has taken the decision to resign to continue to concentrate on her business and her busy family life. We all hope that Rebecca will return to the WI Adviser role in the future. In the meantime Rebecca will continue as a member of Rippingale & District WI.

We all wish Jane and Rebecca best wishes for the future and thank them for their contributions to the Federation.

## Upcoming MAC events:

### Boost Your Membership

A workshop to give you hints and tips on how to tackle this issue.

- Friday 24 February WI Office
- Tickets £5
- This will also be available by Zoom

### Resolution Discussion Day - Cranwell Village Hall

- Friday 21 January 2022 10.30am to 2.30pm
- All five resolutions will be discussed.
- Light lunch and tea/coffee will be provided.
- Tickets £10

### Resolution Shortlist 2021-22

The shortlisted resolutions are:

1. Fit for Purpose – Fit for Girls
2. Appropriate Sentencing of Non-Violent Women Offenders
3. Equality in Law for the Menopause
4. Women and Girls with ASD and ADHD: Under-Identified, Under-Diagnosed and Under-Supported
5. Tackling Digital Exclusion

Flyers and application forms are with your WI secretary now.

# CLIMATE AMBASSADORS

- Food Waste

Are you switched on when it comes to fighting food waste? Christmas time can be terrible for food waste – whether that's down to overbuying, panic shopping or simply throwing away edible food. We were shocked to discover that throwing away just a single portion of Christmas dinner produces the same carbon emissions as having your Christmas lights on every day in December. That's a set of 500 fairy lights, on for a grand total of 155 hours!

Did you know that serving a meal buffet style results in less waste? This encourages people to take what they know they'll eat and avoids plate waste. Everything that's left is then in perfect condition to be boxed up and used as leftovers!

Your food is at its best when it's on your plate, ready to be enjoyed. It's perfect in your fridge, ready to be used, or stored in the freezer for another time. It's at its worst when it's in your bin.

Saving food means saving money, but look at the bigger picture, too. Reducing food waste is good for the planet, as it helps slow down global warming. If global food waste were a country, it would be third largest emitter of greenhouse gases after China and the US. By using up every edible bit of your food, you're doing your bit to look after the environment; imagine what we could achieve if we all make a change!

- Christmas Trees

How do you recycle your used Christmas tree? St Barnabas Hospice will collect your tree for a donation (suggested £15) from your home. The tree is chipped by arborists to make fuel for Biomass boilers. Details can be found [here](#). Alternatively you can cut it up and put in your garden waste bin.

- Wrapping Paper

Can Christmas wrapping paper be recycled?

Before you go ahead and throw all the torn-off paper straight in a big bin bag, it's worth knowing there's a quick trick to tell if wrapping paper can be recycled.

It's called the scrunch test. The good news is that it's super easy.

All you have to do is get a bit of the wrapping paper in question and crumple it into a ball. Now open your hand and see if the paper stays scrunched together or bounces back open. If the paper stays in its ball, it can likely be recycled. If it bounces back open, it can't be recycled.

Wishing you all a peaceful and safe Christmas from the  
Lincs South Federation Climate Ambassadors

Would you like to join our team of CLIMATE AMBASSADORS?  
For more info email: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)



## News from our WIs.....

### Deeping St James WI

Over forty members attended the Deeping St James WI's Christmas Party. Another fabulous evening; the entertainment, Lincolnshire group: The Moonlighters, were really good,



with homemade refreshments and a drop of bubbly plus of course as always it's nice to catch up with friends.



On the table were Christmas trees made by members of the craft club in November and candles in decorated jam jars, a project given to all members last Christmas when we couldn't meet.

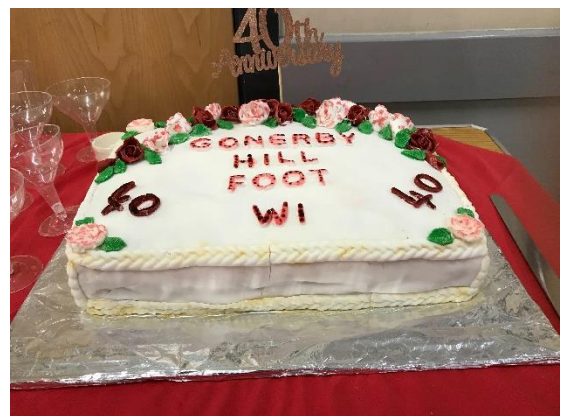
Shelagh Coates – trustee and member of DSJ WI

### Gonerby Hill Foot WI



Gonerby Hill Foot W.I. became 40 years old in 2020. However, because of the Covid pandemic we were not able to celebrate. So, in October this year we donned our best dresses and hats and combined our late anniversary party with our harvest supper. Our committee member Sally made and iced the cake and soup was provided by other committee

members. We toasted with an alcohol free cocktail. A quiz was held which encompassed all things to do with the harvest.



## Grantham DIY WI

We at Grantham DIY WI created a wreath of knitted and felted poppies made by some of our members. Some of us gathered to lay it at the Machine Gun Corps Memorial in Wyndham Park, Grantham on Remembrance Sunday.

The Machine Gun Corps had a depot and training centre at nearby Belton Park and Harrowby during the First World War.

The memorial was designed by the son of one of our members.

Ann Kilroy Grantham DIY



## Crowland WI



Crowland WI joined with their community to commemorate Remembrance Day.

Ann Caprio – president, Crowland WI

## Ruskington WI



Our November meeting started with the singing of Jerusalem, and our newest member Ruth accompanying us on the piano. Liz McIntosh joined us, thank you Liz for accepting our invitation, along with six visitors and two new members. Our evening was to decorate 'a bottle of your choice'. All items were provided,

with members also bringing items to share to with the rest of the group. As you can see from the photos the ladies did not hold back with their creativity.

The ladies were informed what I have planned for next year's Christmas decoration event, and all are looking forward to it.

Amanda Smith – Ruskington WI



## Long Bennington WI

We celebrated Christmas 2021 with two community events.

On 26 November, we participated in the Village Christmas Fair and Tree Lights Switch On. We had Cakes and Crafts tables and other WI members had their own stalls. The Fair was very busy and successful for us, making a welcome addition to our funds!

Our Christmas party on 7 December was open to all and we had such fun!

After a glass(or two) of wine, home made mince pies, Tombola and festive crafts, professional entertainer Andy Swing soon got us singing and dancing along to Cabaret favourites past and present.

He dedicated a rousing rendition of Delilah to Pearl who drove a hard bargain with the booking! We collected a large number of toys for the Salvation Army appeal as well as cash donations of almost £200. It was quite a night.

This month we also donated our Viking Way scarves and knitted 'beanies' from one of our members to both Grantham Passage and The Salvation Army.



Jan Leventhall and Anne Swarbrick— Long Bennington WI



## *Dorrington WI*

Sadly, Dorrrington WI suspended just after celebrating their 60<sup>th</sup> Anniversary (1961-2021). To mark this auspicious occasion, Dorrrington WI presented a bench to Dorrrington village. The bench is now on The Green. It is in a prominent place in the village near to a public footpath and I am told that it is already popular.

A group of ladies (all have been members of Dorrrington WI) gathered to try out the bench on a frosty November morning.



Helen Cawdron – ex Dorrrington WI member

## *PUBLIC AFFAIRS & EDUCATION*

We, in Public Affairs & Education, endeavour to bring to your attention issues of general interest and concern in an informative and engaging way.

Take part with us in an inspiring day at the

### **NATIONAL HOLOCAUST CENTRE - THURSDAY 21 APRIL 2022.**

After the introductory talk explore the Museum and follow the journey of a 10 year old Jewish boy from Nazi Germany back to safety on the Kinder Train to England. After lunch (included in the cost) listen to a speaker sharing their story of the Holocaust. Full details are with your Secretary.

We look forward to welcoming you to the **Discussion Day - Wednesday 2 March** when you have the opportunity to seek answers to your burning questions about ovarian cancer from the Specialist Oncology and Gynae Nurse, Emma Ryland.

The afternoon speakers, Sarah Smith (Boston's Women's Aid) and Hannah O'Callaghan "Love Grace" will be explaining how their charities are there for Violence against Women. Love Grace Handbags containing essential toiletries for abused women and girls are still collected by the charity. Your support will be greatly appreciated.

## *Save the Date*

24 May 2022

Ladies Luncheon  
Speaker: Baroness Sarah Hogg

# LADY DENMAN CUP COMPETITION 2022

***“Let me show you what a woman can do!”***

We were delighted to be informed that one of our members, Jenny Cawthorne of Wellingore WI, was awarded Highly Commended in the Lady Denman Cup 2022.



Jenny's entry is here for you to enjoy:

“How to present these pictures by Artemesia, plus their connotations, to Year 12? .....

I contemplate this as I frustratedly peg out washing ..... Worst thing that has happened to ME today? Someone, left a tissue in his pyjama pocket! I'm fortunate, others not so .....

Artemesia furiously swept the brush across the gesso surface, anger infecting every stroke, pure venom in her desire to avenge defilement and injustice suffered by others of her sex. Hence previous subjects: 'Judith Beheading Holofernes' and similarly grotesque subjects of horrifying realism. However, more subtle current painting could still add resonance to her continued fight against male dominance and oppression. She stood proud in a man's world; a rarity in 1615. Angry tears spilled, as she painted, not of self-pity; more powerful emotions. Her own face as 'St. Catherine' emerged from the canvas, challenging the voyeur. Men could destroy 'Catherine' for her faith in this world, but NOT the next. Catherine is calm, dignified, and all seeing; her devout faith for which she was being executed, giving courage. Artemesia calmed as she painted, knowing that with each creation..... through a holistic appreciation of human nature, realism, physicality; simultaneously conveying sexual and spiritual mood, revelation, and a painterly use of chiaroscuro, she could give a message.....

'Morning !' Today's subject ; ' Artemesia Gentleschi [ 1593-1653].....

Let me show you what a woman DID through wielding a paintbrush, against oppression .....

'How do you spell Arte..... Miss? '

'Look at your notes..... A precociously gifted artist, formidable personality, lived a life of independence [rare for women in 1600's]. The dark subjects she often portrayed, full of eroticism, sexual physicality, brutality, were influenced by appalling circumstances. Aged 19, she was raped by her father's friend Agostini Tassi. During questioning, she was tortured. Tassi, was later acquitted.

See examples of violent, blood thirsty subjects? Yet she is capable of a gentler, but strong composition, as seen in her painting of St. Catherine about to be tortured on a spiked wheel for her Christianity.

What 'ism' can you think of has influenced her technique?

'Yes Lisa?'

'Carravaggism, Miss'.

'Thank you, yes! Explain?'

‘Chiarascuro..... Extremes of dark & light to dramatic effect’

‘Thank you Toni’

‘Now, revenge ..... was it in fact sweet for Artemesia ?..... not necessarily .....’

Michelle screwed her eyes up, to prevent tears spilling onto her History Of Art notes, she jabbed at the paper with her biro as she scribbled..... rape, injustice. The pressure of her pen indenting the lined paper, she, feeling the graze from the brick wall through the cotton of her school shirt. The blood and dirt hastily hidden under the navy cardigan. She gazed at the craft knife on her desk until it doubled. What she would like to do to Him. How dare he defile, assault her! Yet a man can do this to a woman. A woman cannot do this to a man! She shook, gritted her teeth, humiliated, ravaged and distraught for her loss .....

Her assailant, so confident, so full of himself, swaggered off ..... able to do exactly what he wanted, when and where he wanted, no scars on him!

The Art Room emptied gradually.....

She looked up ..... ‘Miss, can I have a word, please?’ ”

[the W.I.org/campaigns/key-and-current-campaigns/ no more violence-against-women].

First	Janet Gray	Devon Federation
Second	Hazel Allen	North Yorkshire West Federation
Third	Romaine Barclay-Kim	Northumberland Federation
Highly Commended	Suzane Simmons	Buckinghamshire Federation
Highly Commended	Jane May	Oxfordshire Federation
Highly Commended	Jenny Cawthorne	Lincolnshire South Federation

# Lincolnshire Show

## “INTO THE WOODS”

**22 & 23 June 2022**

**The schedule and application form is with WI secretaries now**



# SAVE THE DATE!

**SATURDAY 12 MARCH 2022, 10AM TO 12 NOON**

## **FEDERATION ANNUAL MEETING via ZOOM**

\*\*\*\*\*

**Forthcoming Diary Dates** - Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.



**Please pay by online banking if possible, quoting the appropriate reference.**  
Cheques are not banked until the closing date is reached and/or places secured.

**FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY**

Date	Event	Ticket	Ref	Closing
Friday 21 January	Resolution Discussion Day – Cranwell Village Hall	£10	MACRDD	10 Jan
Monday 24 Jan	Resolution Discussion Day – Zoom session			
Weds 26 January	Quiz and afternoon Tea – Ropsley Village Hall	£7.50	JAN22QUIZ	11 Jan
Weds 23 February	Indoor Bowls Taster session - Sleaford	£6.50	ACTBTS	4 Feb
Thurs 24 February	Boost Your Membership – Zoom			
Friday 25 February	Boost Your Membership – WI Office	£5	MACBYM	14 Feb
Wednesday 2 March	Public Affairs Discussion Day – Scredington Village Hall	£12	PA&EDD	14 Feb
Saturday 12 March	LSFWI Annual meeting via Zoom (Business element)			
Tuesday 15 March	Garden Design workshop – WI Office 9.30am – 3pm	TBC		
Thursday 21 April	National Holocaust Centre and Museum visit by coach	£40	PA&E HC	7 Mar
Tuesday 10 May	Embroidery workshop – WI Office 9.30am – 3pm	TBC		
Saturday 11 June	NFWI Annual Meeting M&S Arena, Liverpool			

## **February 2022 Newsletter**

Please send any contributions for the next newsletter  
by **Friday 14 January 2022**  
to: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)