



Lincs South Federation News

theWI
INSPIRING WOMEN

Hello,

Is it too late to wish you all a Happy New Year??
I hope not.....

Please enjoy this edition of the newsletter which features a few snapshots of WIs enjoying themselves at Christmas meetings (I'm reluctant to use the word 'party'). I sincerely hope that this year lets us get back to our chosen normal.

Now is the time to plan our year with events, outings and workshops. If we have to have a Plan B, then that's what we will do. Doing what we do best has to be the only way forward; supporting each other, having fun, learning new skills and caring for our community.

This could be a good time to raise the profile of our WIs. Whether it's by joining the Show the Love campaign (see page 7), or creating a social media profile for your WI, there are many possibilities out there! There is a workshop, hosted by the Members Advisory Committee, focusing on boosting your WI's membership (see page 4) and more will follow.....

In the meantime enjoy these bright sunny days!

Stay safe

Liz

LSFWI ANNUAL MEETING

Saturday 12 March

10am to 12 noon

Following the success of last year's meeting, the trustees have agreed to hold the business element of the annual meeting online, via Zoom.

We will celebrate the notable anniversaries that fall within 2022.

Delegates will be required and contact will be made via WI secretaries shortly.

A guest speaker will also be invited.....

Full details to follow.



Liz McIntosh

LSFWI Chair

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FIND US ON THE NFWI WEBSITE: <https://lincolnshire-south.thewi.org.uk/>



facebook.com/lincssouthwi



[@lincssouthwi](https://twitter.com/lincssouthwi)



[lincs_south_wi](https://www.instagram.com/lincs_south_wi)

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fedoffice@lsfwl.org.uk

Charity No -506268

It is with great sadness that we announce the death of Audrey Webb. Audrey was a WI member for many years and, as well as being a stalwart of Metherringham WI, was a regular contributor to Federation events.

She served on the Creative Crafts sub-committee and was always willing to lend a hand at occasions such as the Lincolnshire Show and workshops.

Audrey will be very much missed and we send our condolences to her family and friends.



Don't forget, by going to **smile.amazon.co.uk** platform and nominating us as your charity, Amazon will make a small donation of 0.5% of the purchase price to the Federation for every purchase you make.

<https://smile.amazon.co.uk/ch/506268-0> and type 'Lincolnshire South' in the search box then select Lincolnshire South Federation of Women's Institutes. Thank you!

OFFICE OPENING

**WI Office will be open on Monday,
Tuesday and Wednesday from:
8.30 am until 2.30pm**

**Due to unforeseen circumstances the
office will be closed on Wednesday 26
January**

**Please note the office is closed on Bank
Holidays**

**If making a special journey,
please contact first.**

Denman News

February offers a host of online courses including:

Upcycling ties

Join Claire Salmon for more fun with upcycling, and save those unwanted ties. This session includes five great ideas to transform old ties into stylish new items - T-shirt collar, beaded necklace, cushion cover, keepsake photo album & pouch.

Modern Calligraphy for beginners

Join Jane Lapage for this introduction to modern calligraphy class. This is a great way to get started with calligraphy and be creative.

London's markets and street sellers through the ages

Peter continues his history of London's market, this time including street sellers, who perhaps can be described as yesterday's providers of convenience shopping.

Courses are from one hour in length and generally cost from £5

Check out the availability at:

<https://www.denman.org.uk/>

And now:

Denman on Demand –

Tune into pre recorded demonstrations & talks at a time which suits you! Recordings available to view for up to 72 hours after purchase.

Subjects include: Bram Stoker's Dracula, Sweet Treats with Kelly and Iris Folding with Liz

LAST CALL

Inter Fed Calendar 2023

For 2023 we are joining with Lincs North and Lincs Humber Federations to produce our very own Lincolnshire calendar.

The theme of the calendar is:

Lincolnshire: A friend to the environment

In the first instance please email your digital copy to fedoffice@lsfwi.org.uk, before 31 January 2022.

We also need tips on how we can protect our environment – maybe through upcycling, ways of reducing waste, saving water etc – so please send in your submissions for that too.

ACTIVITIES

Indoor Bowls Taster Session

- On **Wednesday 23 February at 12 noon** there is an indoor bowling taster session at the **Sleaford Indoor Bowling Club**. The ticket price of £6.50 includes a two hour teaching session and tea/coffee with cake.

First Steps in Designing Your Own Garden

- On **Tuesday 15 March from 9am – 3.30pm** there will a workshop at WI Office. Simple and practical ideas for your garden. The ticket price of £30 includes tea /coffee throughout the day. You will need to bring your own lunch.

Full details of the above events are available on the flyers which are with WI secretaries.

Dates for your diary:

- **10 May: Have a Dabble with Creative Embroidery** workshop at WI Office.

Full details of both events with WI Secretaries now

MEMBERS ADVISORY COMMITTEE

We are very fortunate to start this year with two new advisers. Your WI secretary will now have the complete list of WI Advisers and the WIs assigned to them.

Here is a brief introduction to the new members to our team:

Jane Brown



Hello! I am a newly trained WI Adviser and also new to the Federation. My husband and I have just moved to Stamford from York where we have been running a Guest House for the past 23 years. We moved from Northamptonshire in 1999 to start the business and it's flown by! I am a fourth generation WI member and joined when I was about 14 years old. When I moved to York I joined Strensall WI and became their secretary and then President for about 12 years. I then went on to the Board of Trustees and began my Adviser training through lockdown. I have always been a keen and active WI member and I am a great believer in what the WI has to offer women from all walks of life and any age. I must admit I'm still unpacking boxes and settling in with the help of our little granddaughters who we moved to be

near. I have however joined Stamford WI and am looking forward to hopefully meeting as many of you as possible in 2022 as I begin to settle in.

Jane Williams



Although I was born in Yorkshire, I lived in Zambia for four years as a child. I have three boys, who are now nearly all grown up. I work part time as a School Business Manager in a local primary school.

At my last WI I was at one point a WI secretary and then a WI treasurer. In my last federation I was an IFE and then, five years ago I trained as a WI Adviser. I was also, for a short while, a Federation trustee.

Since moving to Barnack I have joined Stamford WI and joined Lincolnshire South Federation as a WI Adviser. I am excited to meet and work with my WIs, and hope to meet as many Lincs South members as possible during the forthcoming year.

Boost Your Membership

A workshop to give you hints and tips on how to tackle this issue.

- **WHEN:** Friday 24 February WI Office
- **HOW MUCH:** Tickets are just £5
- This will also be available by Zoom

Flyers and application forms are with your WI secretary now.

Marilyn Hood, MAC chair and member of Long Bennington WI

News from our WIs.....

Bicker WI

Bicker WI were able to have their annual Christmas lunch on 14 December and celebrated at the Black Bull in Donington. We all enjoyed being together

Kate Burgess OBE
Bicker WI



Sibsey WI



Sibsey WI members, generously collected a wonderful array of toiletries for Boston Women's Aid at their Christmas meeting.



Jayne Bonsor and Sally Grant presented them to Judith Warners, a representative of the charity's trustees.

Gosberton WI



Gosberton WI had a lovely meeting in December to round off what has been a very uncertain year.

We were entertained by our local church hand bell ringers, who gave several renditions of Christmas songs.

Everyone was then able to create a beautiful foliage wreath with the help of a local lady, Val. It was great fun and we were all very proud to take home something we had made ourselves.

Eileen Johnson, Gosberton WI

Hougham & Marston WI

On 9 December, 29 members of Hougham and Marston W.I. celebrated 100 years since the Institute was founded.

A cake was made by Val Morrell, and a toast was shared, along with a buffet. A few games were played, with much hilarity, and old photos and minutes were perused.

Each member had a birthday card made by a pupil of Marston Thorold School and at the Christmas tree festival at the village church, one of the trees commemorated the 100th milestone.



Hougham & Marston WI

Thurlby WI



Normally we have a meal out in December and a party on our meeting night. This Christmas we did something different. We laid on an afternoon tea with sandwiches, cakes and scones. Then we followed with our usual quiz featuring questions about afternoon tea. Members brought a wrapped parcel and we voted for our favourite as the competition. We then chose one to take home. We were so busy chatting and enjoying the wonderful spread we never had time to play games!

Mary-Anne Creedy, Thurlby WI press officer

Wellingore WI



We celebrated Christmas by having live music with delicious food, all served to us by our committee. A thoroughly enjoyable night, celebrated by a good turn out by members. Members were grateful for the opportunity to get together at the end of the year, looking forward to a successful 2022

Wellingore WI



CLIMATE AMBASSADORS

Since 2015, millions of people have used the power of green hearts every Valentine's Day to ask politicians to tackle the climate crisis and protect what we love from its worst impacts. **When you make and share a green heart, you are sending a clear message to people in power that you care about climate, nature and people.**

It is now more important than ever to show decision makers that tackling the climate crisis is the fight that unites. Will you help us?

Make, wear and share Green Hearts

Craftivism is a great way to get creative - combining activism and crafting! Why not craft your own green heart - check out **Great British Sewing Bee's Patrick Grant's green heart craft**. You could even craft your green heart as part of a community event!

In 2021 many of our WIs promoted Show the Love awareness by installing green hearts around their community. Not only is it great fun, it launches a talking point for passers-by and members of your broader community.



As a WI member, you will be receiving a postcard in February's edition of WI Life. Affix your green heart to the card, and send this to your MP asking them to write to the Prime Minister and Chancellor calling for joined-up action and leadership on climate and nature across all Government departments.

During February 2022, the NFWI Public Affairs team will be organising Zoom presentations and talks to mark Show the Love. These will be recorded and will be available following the session.

If you'd like some more ideas on how to get creative with green hearts, visit the Climate Coalitions action pack [resources page](#) or the link on [MyWI](#)

Would you like to join our team of CLIMATE AMBASSADORS?
For more info email: fedoffice@lsfwi.org.uk

HOW TO HELP GARDEN BIRDS SURVIVE IN THE WINTER

Every winter birds such as Siskin, Redwing, Brambling, Lesser Redpoll, Waxwing, Blackcap, Fieldfare and Blackbird visit the United Kingdom from mainland Europe because of our milder weather and availability of food. But there are many birds already resident here, so how can we help them all survive?



Winter brings the shortest days of the year, giving birds only eight hours a day to feed, so every beakful counts. Birds need not only food but water as well as it is essential, especially during cold weather, not only to drink but to bathe in to preserve their feathers. Poorly maintained feathers will not retain body heat as effectively as well preened ones.

Birds love a quiet place to eat, near to shelter; not too close to humans, they need to have a good view of the surrounding area and close proximity to cover as Sparrowhawks are always on the prowl as are cats!

But what food is best? Energy is important, with different birds requiring different food. There is so much choice these days: peanuts, dried mealworms, sultanas, rolled oats, sunflower hearts, black sunflower seeds, fat balls and bags of ready mixed seeds.

The most popular foods are fat balls, sunflower hearts, peanuts and mixed seeds. However, try not to be tempted by cheap seed mixes as they will interest only a few species at best. Some species like to feed on the ground such as Dunnocks and Blackbirds so scattering a little bit of food in a safe area such as close to bushes and hedges can be really helpful.

Pigeons and Doves can be relied upon to clear up a lot of dropped food under feeders. If this starts to build up, try moving the feeders around.

And then there is a choice of feeders! Metal or Plastic? What are the benefits of a feeder, and does it matter which one you use? Well, it's like choosing the right utensils in the kitchen. Feeders contain the food in one place, metal ones are far more durable, there is greater choice and they are more resistant to attacks from squirrels and rats, whereas plastic ones are cheaper but don't last as long.



Another good source of food for birds is the berries from shrubs such as Cotoneaster or the Rowan Tree so why not consider planting one in your garden in the Spring. Think about when to give your garden a deweed or clear-out. Is it necessary in the Autumn or can it be left until early spring? These areas can support a lot of insects over the winter that help to keep the birds alive!

A bird bath is a good idea but needs to be sited within at least two metres from vegetation as the birds are vulnerable to predators when bathing. In winter extra calories help birds to cope with the cold so please if you can put food and water out for them on a regular basis.

And finally.....Don't forget the **RSPB Big Garden Birdwatch**. It's fun, free and for everyone. Join in on 28 – 30 January for one hour and count the birds in your garden. Over a million people took part in 2021. Go online and sign up!

Shelagh Coates - trustee and member of Deeping St James

PUBLIC AFFAIRS & EDUCATION

Resolution Shortlist for 2022

The shortlisted resolutions are:

1. Fit for Purpose – Fit for Girls
2. Appropriate Sentencing of Non-Violent Women Offenders
3. Equality in Law for the Menopause
4. Women and Girls with ASD and ADHD: Under-Identified, Under-Diagnosed and Under-Supported
5. Tackling Digital Exclusion

Full details with a voting slip are in the Nov/Dec edition of WI Life and on [MyWI](#)

Please submit your resolution selection slip to your secretary asap. You can also email your vote to WI Office: fedoffice@lsfwi.org.uk

CLOSING DATE FOR RECEIPT AT WI OFFICE 14 FEBRUARY

NATIONAL HOLOCAUST CENTRE - THURSDAY 21 APRIL 2022.

After the introductory talk explore the Museum and follow the journey of a 10 year old Jewish boy from Nazi Germany back to safety on the Kinder Train to England. After lunch (included in the cost) listen to a speaker sharing their story of the Holocaust.

Closing date 2 March

Full details are with your Secretary.

CAMPAIGN DISCUSSION DAY

We look forward to welcoming you to the **Discussion Day - Wednesday 2 March** when you have the opportunity to seek answers to your burning questions about ovarian cancer from the Specialist Oncology and Gynae Nurse, Emma Ryland.

The afternoon speakers, Sarah Smith (Boston's Women's Aid) and Hannah O'Callaghan "Love Grace" will be explaining how their charities are there for Violence against Women. Love Grace Handbags containing essential toiletries for abused women and girls are still collected by the charity. Your support will be greatly appreciated.

Save the Date

Tuesday, 24 May 2022

Ladies Luncheon
Speaker: Baroness Sarah Hogg

Viking Way Scarf update

All the scarves knitted and crocheted have been distributed by all three federations to charities that work with homelessness within Lincolnshire.

The bulk of ours were donated to Boston Centrepont Outreach, who have sent the letter below:



Direct/Fax Line 01205 310700
Project Office 01205 360900
Email: elizabeth@centrepont-outreach.com
Web Site: www.centrepont-outreach.com

Chief Executive
Elizabeth Hopkins
Belmont House
15 Red Lion Street
Boston
PE21 6PZ

16th December 2021

Women's Institute
7A & 8 Pattinson House
Oak Park
East Road Trading Estate
Sleaford
NG34 7EQ

Dear All,

I am writing on behalf of us all here at Centrepont Outreach to thank you for your generous donation of handmade scarves. Your support is greatly appreciated and will enable us to help people who come to us in need, especially as the weather gets colder. Please pass on our thanks to everyone who contributed.

You may be interested to know that during November 2021 we helped 36 people who were homeless or in temporary accommodation and we provided 188 items of clothing, bedding, furniture and household items to those most in need. In addition to this our staff dealt with 368 enquiries.

Throughout the pandemic we have provided food support to people struggling to afford to buy food. Since the start of 2021 we have provided 731 food parcels containing enough food for 7 days and we have also provided 517 smaller food packs for people with no income and, sometimes, no cooking facilities.

Thank you once again for your kind donation which will enable us to continue to support people who come to us in need.

Yours sincerely,

Asteri Edevane
(Clerical Support Assistant)

A company limited by guarantee. Registered in England and Wales. Company number 3204952
Charity registration number 1056296. Registered office as above.
Supported by a number of organisations, including Boston Borough Council, Medlock Charitable Trust and Worth Waynflete Foundation.

It was heart-warming to receive such kind words from all the recipients of your wonderfully crafted scarves.



The Platinum Pudding Competition

The Queen has announced a very special competition ahead of her Platinum Jubilee later this year. Her Majesty has launched a nationwide competition to find the perfect pudding that can be served for her jubilee and beyond; with the search beginning for the perfect "Platinum Pudding."

Taking to social media accounts, the Royal Family shared details of the competition. "To mark The Queen's #PlatinumJubilee, a nationwide competition has been launched to discover the perfect Platinum Pudding recipe, to be enjoyed at Big Jubilee Lunches and by generations to come."

"Five finalists will prepare their pudding for an expert judging panel including Dame Mary Berry, Monica Galetti and Buckingham Palace Head Chef Mark Flanagan - who has shared his top tips for entrants. Other judges include Jane Dunn, of Janes Patisserie and Liam Charles, a Bake Off contestant.

The Platinum Pudding Competition is run in partnership with Fortnum and Mason. A list of rules is available on the retailer's website, with key points including:

- The pudding must be sweet and an original recipe
- Entrants must be UK residents and over the age of eight
- Only one entry per person

The closing date for entries is the 4 February.

The entry details can be found here:

<https://www.fortnumandmason.com/platinum-pudding-entry>

SAVE THE DATE!

SATURDAY 12 MARCH 2022, 10AM TO 12 NOON

FEDERATION ANNUAL MEETING via ZOOM

Forthcoming Diary Dates - Listed below are forthcoming events. Each event has a stated closing date, by which all applications and payments need to be at the WI Office.



Please pay by online banking if possible, quoting the appropriate reference. Cheques are not banked until the closing date is reached and/or places secured.

FULL INFORMATION IS AVAILABLE FROM YOUR WI SECRETARY

Date	Event	Ticket	Ref	Closing
Wednesday 23 February	Indoor Bowls Taster session - Sleaford	£6.50	ACTBTS	4 Feb
Thursday 24 February	Boost Your Membership – Zoom			22 Feb
Friday 25 February	Boost Your Membership – WI Office	£5	MACBYM	14 Feb
Wednesday 2 March	Public Affairs Discussion Day – Scredington Village Hall	£12	PA&EDD	14 Feb
Saturday 12 March	LSFWI Annual meeting via Zoom (Business element)			TBC
Tuesday 15 March	Garden Design workshop – WI Office 9am – 3.30pm	£30	ACTGD	28 Feb
Thursday 21 April	National Holocaust Centre and Museum visit by coach	£40	PA&EHC	7 Mar
Tuesday 10 May	Embroidery workshop – WI Office 9am – 3.30pm	£35	ACTE	25 Apr
Tuesday 24 May	Ladies Luncheon – venue to be confirmed	TBC		
Saturday 11 June	NFWI Annual Meeting M&S Arena, Liverpool	£22	NFWIAM	31 Jan

March 2022 Newsletter

Please send any contributions for the next newsletter

by **16 February 2022**

to: fedoffice@lsfwi.org.uk