



# Lincs South Federation News

Aug/Sep 2020

Issue 73

## Hello

So, just when we thought that life was beginning to resemble a new normal we had the Denman news. From its original purchase in 1947 the college has seen many generations of WI members, who have benefitted not only from the wide variety of courses but also from the opportunity to meet other members and create new friendships. Whilst I have visited Denman on only a handful of occasions, I had promised myself another course in the near future. However, the WI has weathered many storms over the past 105 years and I'm sure this is another opportunity to reinvent ourselves.

I'm a firm believer that every cloud has a silver lining.....

Best wishes

**Liz**



LSFWI Chairman

[lmcintoshwi@gmail.com](mailto:lmcintoshwi@gmail.com)

07969360344

## Nature's Calendar

Take part in Nature's Calendar and help scientists monitor the effects of climate change on wildlife.



From trees to frogs and a variety of things in between; recording the changing seasons as they happen near you can be of immense importance to scientists. The list includes trees, shrubs, flowers, grasses, fungi, insects, birds and amphibians in both rural and urban environments.

Follow the link below for the full list of items to record and how to upload your findings.

<https://naturescalendar.woodlandtrust.org.uk/>



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@lincssouthwi



lincs\_south\_wi

**Office Contact Details** – WI Office, Pattinson House, Oak Park, East Road, Sleaford NG34 7EQ.  
01529 302398 [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk) **Charity No – 506268.**

## TAKE A CHANCE

### July winners:

- Yvonne Achurch – Tollgate WI
- Rosemary Sneath – Gosberton WI
- Julie Hicks – Whaplode Village WI

### August winners:

- Shirley Richards – Deeping St James WI
- Lucinda Main – Ripplingale & District WI
- Marian Turner Leasingham WI

## NFWI NEWS

*Latest news items on MyWI:*

Have you recently completed a craft project that you'd like to share in Crafts Beautiful magazine?

The WI runs a monthly column in Crafts Beautiful filled with members' craft, cookery and floral art related projects.

To submit something, comment below with your photos or email [pr@nfwf.org.uk](mailto:pr@nfwf.org.uk)...

## Love DENMAN

### "Denman at Home"

September offers a host of online classes including:

**Qi Gong** – centuries old system of movement, breathing and meditation

**Faux calligraphy**

**Photography**

**Virtual walks and talks** from cathedrals to pleasure beaches

Courses are from 1 hour in length and cost from £5

Check out the availability at:

<https://www.denman.org.uk/whats-on/?search=Online%20Course>

## Lady Denman Cup Competition 2020

*"What I heard on the bus"*

Closing date extended to 18 September.  
Entry form attached.

## NFWI 2021 Diary

If you pre-ordered a diary you may now collect it from the office. Alternatively, it can be posted. Please contact the office for postage costs. The cost is £5.10 for each diary.

We have a limited supply of spare diaries. If you would like one, please contact the office: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)

The office is open Monday and Tuesday between 9.30am and 2pm

## PUBLIC AFFAIRS & EDUCATION

### *A CALL TO INCREASE POTENTIAL STEM CELL DONOR REGISTRATION*

**Every 20 minutes someone in the UK is diagnosed with blood cancer**

**- leukaemia, lymphoma or myeloma**

The best chance of survival for someone with blood cancer is replacing the cancerous blood cells with a stem cell transplant from a matching donor.

Only 30% of the blood cancer patients in need of a blood stem cell donation find a donor within their family. Siblings are the most likely match to the patient's tissue type. The remaining 70% (approximately 2,000) are searching to find a match on the UK stem cell registry.

However, research also indicates that young healthy people aged 16 – 30, with fewer health conditions, such as heart disease or diabetes, are also good suitable donors, especially young men as they produce more stem cells than women; unfortunately, they account for just a small percentage on the donor register.

Only 2% of people in the UK are on the donor register. Therefore, meeting the demand for suitable stem cell donors is a massive challenge to reduce the number of people who die because they are unable to find a donor.

Registering as a potential donor gives blood cancer patients a better chance of finding a match.

**To find out more and to register as a potential blood stem cell donor visit:**

[www.dkms.org.uk](http://www.dkms.org.uk)

*Please, Spread the Word*

### **DENMAN**

Whether you were a fan or Denman or had never visited the WI college, you cannot fail to be saddened by the loss of any facility that has been a part of the WI history for over 70 years. The saddest part of the proposed closure is of course the likely staffing redundancies that may well follow. Further details can be found on the Denman website. If you would like a copy of the FAQs relating to the proposal please email: [Fedoffice@lsfwi.org.uk](mailto:Fedoffice@lsfwi.org.uk)

## NFWI Raffle 2020

Don't forget the NFWI Raffle!

**Closing date:** 25 September

**1<sup>st</sup> prize: £10,000 cash**

Raffle tickets are with your secretary.

NFWI is asking for ideas on new ways to sell the 2020 WI Raffle tickets. If you've any suggestions, please email:

[h.ransom@nfwl.org.uk](mailto:h.ransom@nfwl.org.uk)

**theWI**  
INSPIRING WOMEN



## COVID-19 - a memory

Whilst we couldn't meet physically during the lockdown, it would make an interesting record for future generations of WI members to read an account of what you did during this strange time. Why not gather some thoughts from members and create a record??

### CHAIRMAN'S CHALLENGE 2020

Don't forget to start compiling your entry for our challenge!

We are looking for a programme that:

- ❖ covers a full year
- ❖ is well laid out
- ❖ covers all relevant information,
- ❖ is well designed and
- ❖ encourages members to participate.

It can be your current programme, from a previous year or even an imaginary one – the choice is yours!

Hints and help can be found on MyWI at:

<https://mywi.thewi.org.uk/running-your-wi/how-to-create-your-wi-programme/events-calendar>

### WHY NOT SAVE AT HOME FOR YOUR ANNUAL SUBSCRIPTION WITH A SAVINGS JAR?

Be prepared for the annual subscription of £44, which is now due in April 2021, by saving on a regular basis into a handy jar. Put away a set amount each week or month; or empty the small change from your purse or pocket in the same way.

When it comes to annual subs time you will be surprised just how much you have saved towards them. You may even have enough to pay them outright.

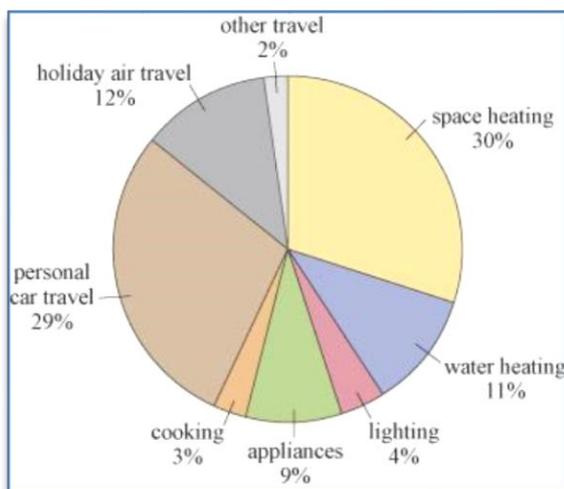
TAKE A CLEAN LIDDED JAM JAR. USING PAINT, STICKERS, GLUE OR ANYTHING ELSE YOU FANCY DECORATE IT AS YOU PLEASE. THEN YOU CAN SAVE YOUR COINS

# Climate Change, Covid19 Lockdown & Cars



**Wendy Wooldridge, of Witham on the Hill WI, is one of our Federation Climate Ambassadors. She has sent in this article about how we might all use our lockdown experiences to think about how we can reduce our contribution to emissions caused by modes of transport - cars in particular.**

We have all been affected by the various stages of lockdown and perhaps it feels as though we are starting to get back to normal or the “new normal”, at least. But whilst it is now fantastic to have more social contact with family and friends, how about the work, travel and business aspects? Should we get back to the “old normal” and “business as usual” approach to life?



How can we make permanent reductions in travel emissions?

- Work from home
- Plan grocery shopping
- Use online shopping
- Combine trips with neighbours
- Car share with colleagues
- Alternative transport – walk, bus, bike
- Reduce business and leisure air travel

Considering our lockdown experiences, can we continue to challenge our own energy use, especially with car and air travel?

Speaking personally, our household has been better organised, having just one major grocery shop (done by my husband!) and a proper meal plan for the week. Getting local eggs and having a butchery delivery also contributed to us not only being very well fed, but it was good to support local businesses; we also saved precious time and of course fuel! I hope fervently that we DO continue this regime and don't slip back to the all too frequent “last-minute” dashes to the supermarket.

## To fly or not to fly!

After the uncertainties of the Covid-19 lockdown period, I hope that many of you are now feeling able to socialise with family and friends and perhaps even get a much-needed break or holiday.

.../cont

In recent years, I have been holidaying primarily in the UK and have found so many beautiful, new-to-us regions. We are fortunate that Lincolnshire is very central; two hours to the Derbyshire peaks or North Norfolk or Suffolk; three hours to the Lakes or North Yorkshire and a bit further to Northumberland or Devon and Cornwall.

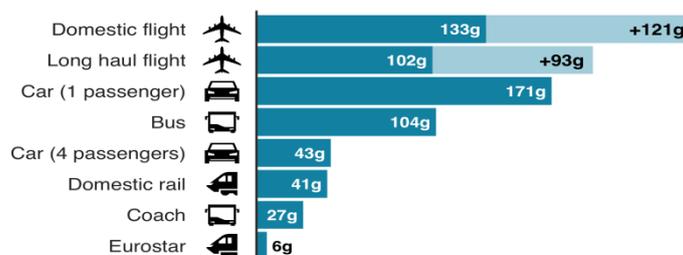
Recently, my husband and I stayed in a cottage in Northumberland – extensive, sandy beaches to walk along, stunning Bamburgh castle to see, small harbours to stroll round, the Farne Islands if you fancy a boat trip and a few miles inland are more castles to explore, Northumberland National Park, lakes and lovely hills!

Let us all try to be responsible tourists, whether in the UK or abroad, with minimum impact on the environment and maximum benefit to the local economies. Air travel is a luxury, environmentally speaking and possibly with post-Covid pricing, so let us treat it as such. The package holiday abroad may still be economic for many families – but let us use it wisely.

### Emissions from different modes of transport

Emissions per passenger per km travelled

■ CO2 emissions ■ Secondary effects from high altitude, non-CO2 emissions



Note: Car refers to average diesel car

Source: BEIS/Defra Greenhouse Gas Conversion Factors 2019

BBC

Finally, I hope that the lockdown has shown businesses that Zoom, Teams and other digital ways of having meetings can avoid the necessity of excessive air travel; daily dashes to Brussels, Geneva, Copenhagen for a meeting or two – really, we don't need to do this!

## LONG BENNINGTON WI



To abide by current guidelines Long Bennington WI held a series of coffee mornings and garden parties, where five members could join their WI host in their garden.

Each host varied the experience by holding games or having a theme. One group even managed a game of croquet in the rain!



## *DIGITAL DIGEST*

### **"We giggle, we wiggle and also do quizzes and Bingo"**

#### **Virtual Walking Netball**

This is the comment from Gaynor, a regular attendee at the weekly virtual Walking Netball (WN) sessions. Listen to Gaynor talk about her experience and join in on Thursday (11:30 am) to find out for yourself how fabulous these weekly sessions are! To take part, simply send an email at [WINetball@englandnetball.co.uk](mailto:WINetball@englandnetball.co.uk).

If you are missing your Walking Netball sessions or would like to take part in the online sessions why not check:

<https://mywi.thewi.org.uk/interests/latest-news-and-events/wiwalkingnetball-knocking-your-socks-off>

If you are already a WN host England Netball will soon be running Zoom meetings to bring you up-to-date with the latest guidelines.

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#### *From Your Advisers....*

Some WI committees are now looking at resuming meetings for their members and indeed some of you have already contacted your Adviser with questions. Every secretary should have received the NFWI guidelines for the Resumption of WI Meetings together with a WI Risk Assessment template. There is a lot to consider when thinking about resuming face to face meetings and it should only be done following a full risk assessment and with agreement from your committee about how to proceed. It is important that your members feel comfortable about meeting together again and of course there is absolutely no obligation for them to attend. It may be worth trying to get an idea from your members as to how they feel about resuming meetings. Of course, if your meeting venue is unable to open at the present time then the decision has been taken out of your hands. If that is the case you might like to consider alternative meeting places but this is entirely up to you.

If your WI has not been able to hold its annual meeting and you would like to know how you stand, please get in touch with your WI Adviser. The Charity Commission has confirmed that it is possible to cancel or postpone your annual meeting for this year. It is, however, necessary that your completed financial statement and annual report be submitted to the office in the usual way.

Whatever you decide to do, your WI Adviser is always available to help with any queries.



## Peshwari Naan Pizzas

by Lucie Wilson, Hampshire Federation

*“Perfect for those impromptu picnics!”*

### Ingredients:

2 mini Peshwari naan bread  
100g tomato purée  
30g grated extra mature cheddar  
50g red onion  
25g green olives  
100g cherry tomatoes  
50g light mozzarella  
25g red onion chutney  
Handful fresh basil  
Salt and pepper

### Method:

Place the naan bread bases onto two baking trays lined with greaseproof paper and preheat your oven to gas mark 7/220°C.  
Spread on the tomato purée and sprinkle on the grated cheese. Add the sliced red onion, olives, and cherry tomatoes and top with the mozzarella and chutney. Sprinkle over the basil and season with salt and pepper.

## Ruskington WI



### Bring your own picnic....

The members of Ruskington WI decided to take advantage of the weather and meet on their village field.

19 ladies attended, all adhering to the social distancing rule, which was fabulous.

The ladies were asked for their song choices and it was great to hear them to say, “I picked that one”, when their song was being played.

The event was a great success and everyone wanted to know when the next meeting would be and if they could have the songs again!

## WI LIFE

Do you have a recent story from your WI that you'd like to share? WI Life magazine is looking for stories for its News page! For a chance to be included, email information and photos to: [wilife@nfwi.org.uk](mailto:wilife@nfwi.org.uk) with 'NEWS' in the subject.

## *Leisure and Sports Activities*



### **ROPSLEY WALKS**

The Federation Leisure & Sports Committee felt it should take the lead in getting members out and about again, bearing in mind always the need for social distancing. As a start, we organised two walks around Ropsley, followed by Afternoon Tea at The Green Man pub in the village. Here is an account from one of our walkers:

On one of the very hot days in August, with a blue cloudless sky, we met in Ropsley, a very quaint village, not far from Grantham, but a very rural area. All were members from various WIs, including Quadring, Bourne, Witham on the Hill, and Ropsley. We were divided into two groups, one doing a slightly shorter route, with an even shorter route possible if the heat became unbearable. It was a beautiful walk along public footpaths, through cool woods, around fields full of golden wheat and barley, and a short section on a quiet country road. We heard birds (red kites were very distinctive!) saw lots of butterflies and admired the wildflower verges. Sun hats and water bottles were needed, and we carried a first aid kit, a mobile phone and even parked a car at one site should it be required! There was lots of chatter of course, and even more when we all met up at the pub for tea! And what an excellent tea it was! Jugs of iced water, pots of tea, and our own individual cake boxes, filled with an assortment of sandwiches, a sausage roll, a chocolate brownie, a macaron, and of course a scone with an individual pot of jam, and clotted cream. What more could we ask for? Sitting outside under a shady umbrella, enjoying afternoon tea and WI members' company; what a lovely way to spend an hour after a walk. Thank you to The Green Man at Ropsley who were very helpful – nothing was too much trouble. And a huge thank you to Elizabeth and Margaret for organising the whole event, an excellent job, well done! I look forward to the next walk.

***Jane Clark, Witham on the Hill WI***

Encouraged by the response and bearing in mind that the good weather will not last forever we are beginning the organisation of a further couple of walks for the end of September/October.

### *Indoor Bowls:*

We have rearranged the Indoor Bowling Sessions for Wednesday 20<sup>th</sup> January 2021, subject to any restrictions from Government or venue. Details will be sent out shortly.

*Life must go on, subject of course to restrictions and the safety of members, and we hope that more of you will feel able to support us in the coming months. If you have worries about an event put on by the Leisure & Sports Committee do not hesitate to contact me, Margaret Hawkins, on 01778 590348 or by email [margaret@forelec.co.uk](mailto:margaret@forelec.co.uk) so that we may discuss your concerns.*



**BASSINGHAM & DISTRICT WI** had a “socially distanced” get together on Thursday, 6<sup>th</sup> August. We were able to present Lucy from the charity Ending Domestic Abuse Now in Lincolnshire (EDAN) with a cheque for £500. This money had been raised from a coffee morning in memory of our President and friend, Alison Kelley, who died suddenly last October. The remainder of the money raised has gone into an educational fund for any member to apply for to assist with funding a course. The picture shows our President, Niki Gan, presenting Lucy with our cheque

Members were pleased to once again be able to meet up with each other and the chatter never ceased!! The committee had also put together some “goodie” bags for every member to take home.

## COMMUNITY SUPPORT

It's great to see that members continue to offer support to their communities.



Brenda Dowling of Wellingore WI has been making face masks for her local church, St Chads. Brenda said:

“So far, I've raised over £1,000, which I find quite astonishing, and it shows no sign of slowing down. Every single penny raised is going to St. Chad's Church here in Welbourn, as their usual fundraising efforts have had to stop due to the pandemic.

It started off with me making masks for family and friends, using up fabric that I had, but it's grown and I'm buying fabric, elastic, wire etc, and people have been giving me fabric too, so I'm constantly able to add to the range of material I use.”

***If you would like a face mask, please contact Brenda at:***  
***[masksstchads@icloud.com](mailto:masksstchads@icloud.com)***

Rippingale & District member Rachel Price has also been busy making face masks for the community.

Over £350 has been raised, together with five large bags of cleaning materials which Rachel donated to South Lincolnshire Domestic Abuse Service (formerly Boston's Women's Aid).





**FLOWER COMPETITION**



**The winners of our competition, judged by Taylors Bulbs are:**

**Elizabeth Mantle – Ropsley & District WI**

**Sharon Hurrell – Wellingore WI**

**Chris Train – Ripplingale & District WI**



The judge remarked on how lovely all the photos were, and how difficult it was to choose winners.

Thanks to everyone who entered this competition. It was good to have so much support. The winners will receive a selection of bulbs, kindly supplied by Taylors Bulbs Ltd.

*We're hiring.....*

We are looking for a financial administrator to work alongside the Federation Secretary and other board members at our office in Sleaford. The role is part-time and flexible. The successful candidate will have a knowledge of Sage and be conversant with all aspects of Microsoft Office.

If you would like a job description or more details, please email: [fedoffice@lsfwi.org.uk](mailto:fedoffice@lsfwi.org.uk)