

Lincs South News Sheet – Issue 57 March 2019

**Forthcoming Event**

**‘Lincolnshire Show’ June 19<sup>th</sup> & 20<sup>th</sup> 2019**

**Celebrating 150 Years of the  
Lincolnshire Agricultural Society**



**‘On with The Show’**

Two years has flown by since we last manned the marquee – remember everyone can get involved in some way

**Competitions** - Co-operative ‘Down on the Farm!’ / Your ‘Five A Day’ – for our knitters / Hand Made Shopping Bag/ or My Lincolnshire (a framed collage). Hopefully something for everyone!



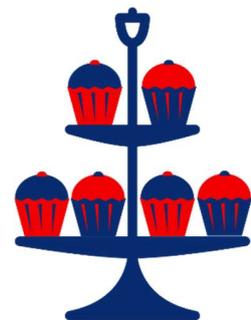
**Volunteers required to help on 19<sup>th</sup> and 20<sup>th</sup> either in the kitchen or on our stalls – info with your secretary.**



Donations for the **‘New2You’** stall, maybe you are spring cleaning or decluttering and have an item you can donate? (scarves/belts or jewellery)

**Cake Challenge!** – Which WI will win this challenge this time?

WI Members cake baking is legendary and appreciated by all our customers – what better way to relax than with a nice cup of tea and a slice of cake. If you are interested in donating a cake, or two it would be gratefully received – info with your secretary.





## **News from your Chairman**

As we approach the end of the WI year, I like to reflect on what we have done and look to see if we could improve on it for next year. Many of the events have been successful and some have had a ballot due to being oversubscribed, which is very good and encouraging for us, but we still have had to cancel a few times due to lack of support so next year we must try a little harder so as not to cancel anything. Thank you to everyone who has helped to make the year a successful one and to you the members for supporting us. It is always wise to remember that we all like different things so when planning a programme of events to have as much choice as possible, allowing it to appeal to as many members as you can. I do hope that we have achieved this for the coming year with our Federation programme.

In this digital age more and more WIs have web pages or face book pages – please remember to keep them up to date as these are the windows to your group where future members can look and be tempted to join you or not as the case may be.

\*\*\*\*\*

It is with great sorrow that I have to share the sad news that Margaret Outram passed away at the beginning of the month. Many of you will remember her for her amazing craft work amongst other things.

Our thoughts will be sent to her family.

Deborah Venn

## **News from the Office**

**Sleaford Centre WI** have altered their meeting place, they now meet at Our Lady of Good Counsel Church Hall, Jermyn Street, Sleaford (day and time remains the same).

## **Membership Advisory Committee**

Tip: In the front of your Committee Meeting Minutes book you should have the agreed number of committee members sitting on your committee at any time. The number should have been decided when your WI formed, but if that has long been forgotten, you can ask your WI Adviser to re-establish your number at your next Annual Meeting.

Rebecca Main  
Chairman of Membership Advisory Committee



## **Lincolnshire South 'New Members'**

Once a member has paid her subscription please let the office know asap, so that a New Members Welcome Pack can be sent direct to her personally. This contains the members registration form, once completed by the new member it should be passed to the WI Secretary or MCS representative so her details can be entered onto the MCS data base. The form should then be returned to the member or destroyed, not kept in WI records.

## **Take a Chance Draw – January and February Winners**

1<sup>st</sup> – Jan – M.Joint of Ripplingale – Feb – Sian Sladdon of Witham St Hughs

2<sup>nd</sup> – Jan – J.Fish of Deeping St James – Feb – Sarah Cardew of Carlby & Dist

3<sup>rd</sup> – Jan – M. Bonaker of Leasingham - Feb – Gillian McBride of Frampton

## **Creative Craft & Cookery Committee**

As this is our first report of 2019 may I begin by wishing you all a very belated Happy New Year. Our programme for this year began in February with Crochet for Beginners to be followed in March by Spring Flowers in Paper and Fun Flowers for Spring in April. Your secretary will be now have received the flyers for the next two workshops. In May you can make a lovely fabric covered tin and in July you will be shown how to create beautiful Iris Folding cards. We look forward to seeing you are one or more of these events. We will be holding further workshops later in the year.

We also have two future dates for your diary. Following the very successful visit to the Harrogate Spring Flower Show last year and to many requests from members we are arranging a visit to the Harrogate Autumn Flower Show on 13<sup>th</sup> September. Details will be with your WI soon.

November 15<sup>th</sup> will see us hosting our annual craft day, it will, however, be held at Hubberts Bridge Community Centre this time. We are currently decided what crafts to offer so if there is anything you would like us to include or any previous crafts you would like us to repeat please let us know. As you will have noticed, when space allows, we have been including a Recipe Corner in the news sheet. If any of you have a well tried and trusted special or traditional family recipe you would like to share with other please send it in. We can also include useful and helpful household hints and tips you think other members might not be aware of.

Pat Masters - Chairman



### **ARCHIVE CORNER**

This is just a reminder to let you know that I am available to help and support you with any aspect of your WI record keeping. I can be at the WI Office in Sleaford at a time to suit you on a Wednesday or Thursday between 10am and 2.30pm. Alternatively, I can come to you.

If this is of interest, please do not hesitate to call the office who will pass on your contact details to me.

Christine Jordan – Federation Archivist

## PUBLIC AFFAIRS & EDUCATION



It was “Time to Talk” on Friday 8 February when Public Affairs & Education put the WI Mandate, Making Time for Mental Health, into practice.

Dominic Brister was the first speaker who spoke on the subject that “looks can deceive”. We do not know what people are feeling and should not judge by what we see.

The second speaker, Mark Marsland related his own story from a good fulfilled family and business life to the darkest depths of depression when he tried to end his pain. Thankfully, he failed and is now able to help those who, like him, have floundered in depression to find a light they can work towards.

After lunch counsellors from the charity “Don’t Lose Hope” went in turn to each table to lead discussions on Depression Self Harm, Bereavement and Hypnotherapy. Many questions were asked and answered and when it was time to move on to the next subject there was much that everyone still wanted to know and talk about.

Mental health is a difficult and challenging subject. The mandate was addressed in an honest and open way that encouraged everyone to take part and have “Time to Talk”.

Looking ahead the first luncheon for this year will take place on Tuesday 7 May in the Woodland Hall at Hill Holt Wood near Norton Disney (off the A46). The venue is simply amazing, and the event room is unique and stunning in its architecture. The composted loos are a must see!! An introduction to the concept of Hill Holt Wood by one of the staff is included together with the dedicated speaker, Tammy Smalley, Head of Conservation at Lincolnshire Wildlife. The flyer is with your institute secretary and **applications close 28 March.**



**Forthcoming Diary Dates** - Listed below are forthcoming events planned and organised by your Federation Board of Trustees and Sub-Committees. Each event has a stated closing date, by which all applications and payments need to be at the WI Office, and **no chq is banked** until this **closing date is reached** and/or places secured. **Quiz teams up to a maximum of 4 please.**

<b>Date</b>	<b>Event</b>	<b>Venue</b>	<b>Closing</b>
<b>7<sup>th</sup> Mar</b>	<b>Spring Flowers in Paper - £10</b>	WI Office	Closed
<b>12<sup>th</sup> Mar</b>	<b>Annual Meeting - £14.50</b>	Springfields, Spalding	Closed
<b>26<sup>th</sup> Mar</b>	<b>Driver Awareness Session - £8</b>	South Witham Village Hall	Closed
<b>4<sup>th</sup> April</b>	<b>Fun Flowers for Spring - £15</b>	WI Office	1 <sup>st</sup> March
<b>12<sup>th</sup> April</b>	<b>Federation Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	TBC
<b>7<sup>th</sup> May</b>	<b>Ladies Luncheon - TBC</b>	Hill Holt Wood	28 <sup>th</sup> March
<b>9<sup>th</sup> May</b>	<b>In Door Archery - £8</b>	Welbourn Village Hall	20 <sup>th</sup> March
<b>23<sup>rd</sup> May</b>	<b>In Door Archery - £8</b>	South Witham Village Hall	20 <sup>th</sup> March
<b>5<sup>th</sup> June</b>	<b>NFWI Annual Meeting</b>	Bournemouth	10 <sup>th</sup> Nov
<b>25<sup>th</sup> June</b>	<b>Bee Inspired Garden Visit - TBC</b>		TBC
<b>9<sup>th</sup> July</b>	<b>Ladies Luncheon – TBC</b>	Boston West Golf Club	TBC
<b>12<sup>th</sup> July</b>	<b>Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	TBC
<b>22<sup>nd</sup> July</b>	<b>Speakers Corner - TBC</b>		TBC
<b>12<sup>th</sup>-14<sup>th</sup> Aug</b>	<b>Denman Visit</b>	Denman College	28 <sup>th</sup> Feb
<b>13<sup>th</sup> Sept</b>	<b>Harrogate Flower Show - TBC</b>		TBC
<b>20<sup>th</sup> Sept</b>	<b>Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	TBC
<b>24<sup>th</sup> Sept</b>	<b>Ladies Supper with Lecture - TBC</b>	Barn Hill Methodist Church Stamford	TBC
<b>11<sup>th</sup> Oct</b>	<b>Ladies Lunch - TBC</b>	Boston West Golf Club	TBC
<b>15<sup>th</sup> Nov</b>	<b>Craft Day - TBC</b>	Hubberts Bridge	TBC
<b>22<sup>nd</sup> Nov</b>	<b>Quiz Night - £6.50</b>	Hale Magna Village Hall, Great Hale	TBC

## News from Lincolnshire South WIs

### Rauceby WI Centenary 2019

Throughout the coming year we wish to invite WIs to join us and celebrate our year.



**Friday May 10<sup>th</sup>**

**‘Fashion Show’ and Charity Raffle**

Sleaford Golf Club – Tickets £6

Bar and coffee facilities available.

A huge selection of current ‘top labels’ available in a wide range of sizes and colours.

Doors Open at 7pm with the show beginning at 7.30pm

Closing date for tickets April 26<sup>th</sup> – available from Margaret Munday at [margeret.mundy1@btinternet.com](mailto:margeret.mundy1@btinternet.com)



**North Kesteven**  
DISTRICT COUNCIL

Notice from North Kesteven District Council

NB. To vote at the local elections on May 2<sup>nd</sup>, you will need to have identification with you. This only affects NK elections. It can be ONE photo-ID or TWO non-photo IDs, from 28 approved options.

Details at [www.n-kesteven.gov.uk/VoterID](http://www.n-kesteven.gov.uk/VoterID)

Jason Hippisley – Communications and Media Manager – Tel: 01529 414155

## Recipe Corner

### Melting Method Gingerbread

8oz plain flour  
2-3 level teaspoons of ginger  
1 level teaspoon bicarbonate of soda  
4oz of brown moist sugar  
4oz margarine or butter  
½ lb golden syrup  
¼ pint milk  
1 egg

**Preparation –cooking time 1 ½ hours regulo 3 315degreesF**

- 1.Wash hands.
- 2.Turn on the oven.
- 3.Collect and weigh the ingredients.
- 4.Grease the tin and either line it greaseproof paper or flour it.

### **Method**

- 1.Sieve the flour and the ginger in a bowl.
- 2.Put the sugar, the butter and the syrup into a saucepan. To weigh the syrup, first weigh the saucepan and then add enough syrup to increase the weight by ½ lb. Add ¼ pint of milk and put the saucepan on the oven to melt but not boil.
- 3.Put an egg into a basin and whisk it.
- 4.Add the bicarbonate of soda to the melted mixture and stir it in.
- 5.Pour the melted mixture into the dry ingredients and continue to mix all the time.
- 6.Add the beaten egg and mix it in.
- 7.Beat the mixture for exactly five minutes.
- 8.Pour the mixture into the tin and put it in the oven. Do not open the oven for at least one hour.
- 9.Remove from oven. After 2 to 3 minutes turn out onto a cooling rack



Recipe submitted by Federation  
Treasurer Elizabeth Venn (one of Miss  
Outram's in fact)

**Inclusions for News Sheet** – Please send copy to WI Office or email first week of the month for inclusion that month (remember we work a month in advance) Editor: Mrs. Deborah Venn – Federation Chairman

If photographs are submitted, please make members aware that they could be featured in news sheet/website/Social media or Lincolnshire Life. Ensure members involved will allow this please. **Office Contact Details** – WI Office, Suites 7, 7a and 8 Pattinson House, Oak Park, East Road Trading Estate, Sleaford, Lincs NG34 7EQ. 01529 302398 fedoffice@lsfwi.org.uk **Charity No – 506268.**

If you wish to advertise in this news sheet – free to WI's, non-WI 40p a word, plus £5 for insertion. To have a flyer included please supply 100 copies and payment of £36 – Cheque made payable to LSF of WI. Office Hours – Monday to Thursday 9am to 3pm. Closed 12 noon to 1pm lunchtime and all-day Friday. During winter months – Mon and Thursday will close at 2.30pm. LSFWI is affiliated to the National Federation of Women's Institutes, 104 New Kings Road, London SW6 4LY Telephone – 020 7371 9300. Charity No 803793

**To reach WI Office** - Turn off East Gate Road by Kwik Fit – we are at the bottom on the right-hand side, a large square building just after Go Dance Studio. **Borrowing the Federation Gazebo/Flags** – You may borrow this for your events. Call the office or email for further info or to see if available for dates required. It is quite heavy and awkward so best if two people call to collect and return.



**WI Office Parking** – To remind members coming to the office that we only have 4 parking slots in front of the office; the remaining spaces belong to the other offices within Pattinson House. However, there are usually places to park just across from the Go Dance Studio on a strip of grass. Thank you